

***Parenting with Love and Logic*** Class scheduled

The Family Resource Center is offering ***Parenting with Love and Logic*** classes any to interested parties.

***Parenting with Love and Logic*** can be used with children just entering the toddler years through children just entering the college years. ***Love and Logic*** is a philosophy founded in 1977 by Jim Fay and Foster W. Cline M.D. It is the approach of choice among leading educators, parents and other professionals worldwide.

Jim Fay teaches us that we should “lock in our empathy, love and understanding” prior to telling kids what the consequences of their actions will be. The parenting course teaches parents how to hold their kids accountable in this special way. This ***Love and Logic*** method causes the child to see their parents as the “good guy” and the child’s poor decision as the “bad guy.” When done on a regular basis, kids develop an internal voice that says “I wonder how much pain I’m going to cause for myself with my next decision?” Kids who develop this internal voice become more capable of standing up to peer pressure.

What more could a parent want? Isn’t that a great gift to give your child? Parent/child relationships are enhanced, family life becomes less strained and we have time to enjoy our kids instead of either feeling used by them or being transformed from parent to policeman.

The seven week course will be taught by Christina Walker. Christina is a certified ***Parenting with Love and Logic*** instructor. She has provided parenting education for more than four years. She also has nine-year-old twins of her own.

Classes will be Tuesday evenings from 6-8 p.m., starting June 22, and ending Aug. 3, at the Family Resource Center in McCook, there is a fee for this class.

The fee is \$20 per person per class session. There is a 10 percent discount for full payment on or before the first class, for a reduced fee of \$126. The fee for couples is \$30 per class session. The 10 percent discount for full payment on or before the class is \$189. All payments must be in cash or money order. A workbook, memory aids and a certificate of completion will be provided.

**Space is limited. To register call 308-345-2609.**