

**Nebraska Department of Health and Human Services**

**LIFESPAN  
RESPITE  
SUBSIDY**

**SUBSIDY PROGRAM ACROSS THE  
LIFESPAN**

Effective January 1, 2009

**Respite Services** provide short-term relief to primary caregivers from the demands of ongoing care for an individual with special needs.

The Lifespan Respite Subsidy Program offers money to help families with loved ones who have special needs (from birth through death) to pay for respite care. Families choose their own providers; decide how much to pay per hour or per day, and set their own schedules. This program can help only those families who do not receive services from any other governmental program.

Up to \$125 per month is allowed based on monthly adjusted family income\*.

For a family of 1	\$2,816	For a family of 5	\$6,704
For a family of 2	3,788	For a family of 6	7,676
For a family of 3	4,760	For a family of 7	8,648
For a family of 4	5,732	For a family of 8	9,620

(Each additional person add \$972)

\*Family income includes all money the family receives from any source. This includes gross (before tax) earnings. Disability-related expenses can be subtracted from this total. These expenses include, but are not limited to, payments on a past hospitalization; payments for home modifications like ramp building; purchase of adaptive equipment not covered by insurance; disability related medications.

Applications are mailed to and reviewed at the Medicaid Long Term Care Division, Safety and Independence Supports Unit, Central Administrative Office in Lincoln. Each family who applies will receive a notice by mail when a decision has been made. For eligible families, the notice will include instructions for billing; payments will be made after care is provided.

**Questions? Need an application?  
Call 1-800-358-8802 or In Lincoln, call 471-9310.**